



THYMELESS BEAUTY

HOLISTIC THERAPIES

with Tracey-Lee

A Moment to Return to Yourself

I'M TRACEY-LEE, THE HEART BEHIND THYMELESS BEAUTY.

With over 25 years of experience in holistic therapies, my work is grounded in a deep understanding of the body and guided by intuition, care, and presence.

Here in the beauty and stillness of Tuscany, this is your opportunity to pause, to be held, and to return to your own natural rhythm.

TREATMENTS

Indian Head Massage - £40

A deeply calming treatment for the head, neck, and shoulders to release tension and quiet the mind.

Foot & Leg Massage (Reflexology Fusion) - £50

A grounding and restorative treatment working through the feet and lower legs to support balance throughout the whole body.

Thyme & Thai (Ground-Based Massage) - 45 minutes - £50

A rhythmic, floor-based treatment using stretch, pressure, and flow to release tension and improve mobility.

Intuitive Fusion Massage

1 hour - £60

1 hour 30 minutes - £80

A fully personalised treatment guided by what your body needs in the moment.

Your Time

So much of life asks you to give.

This is a moment to receive.

Rooted. Intuitive. Restorative.

